




# MSK Toddler Department: Toilet Training Workshop

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Wednesday October 20th, 2021  
Zoom - 6:30 pm



Oh Canada

# MSK Indigenous Land Acknowledgement

We would like to give thanks for land that MSK sits on. Thank you to the Haudenosaunee (ho-dee-no-SHOW-nee), Anishinaabe (a-nish-i-NAA-bay) and the Mississaugas of the Credit people for taking care of this land and sharing it with us.

# Montessori and Toilet Training

## SENSITIVE PERIOD

What is a Sensitive Period?

Maria Montessori refers to the sensitive period as a time of when a child's interests are focused on developing a particular skill or knowledge area.

A child starts from nothing and advances alone.

It is the child's reason about which the sensitive

periods revolve. The reason provides the initial

force and energy, and a child absorbs his first

images to assist the reason and act on it.

# When do I start toilet training my toddler?

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Toilet training a child is very individual. Children develop at their own pace, although, the typical age is 2 and half or when we begin to see signs of readiness.

Signs of readiness:

- Diaper is more dry
- See others sitting on the toilet
- Walking to the washroom
- Pointing/articulating child's diaper is wet or had a bowel movement

My child is showing signs of readiness. How do I approach toilet training?

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STEP ONE: THE PARENT

STEP TWO: THE CHILD

# Step One: The Parent

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For some parents, Toilet Training is completely new to them and look for direction on this topic.

The most important role in your child's toilet training is, YOU, the parent!

As the parent, you must be prepared, **COMMITTED and PATIENT.** We cannot stress enough the importance of this.

As the adult in our child's life, we set them up for success.

If you give up, we are setting them up for failure. This is why we must follow the child and their sensitive period when Toilet Training.

# STEP TWO: The Child

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Begin to have your child sit on the toilet - when possible, refrain from using the word “potty”. The Montessori approach is about teaching the children about real and practical things and experiences.

Do not ask to use the toilet. The answer will always be “no”.

Verbal aids: avoid questions

- “Let’s go sit on the toilet”
- “Come with me to the washroom”

# My child is sitting on the toilet, now what?

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Hurray! This is the very first step when toilet training.

Your child must feel comfortable when sitting on the toilet. Teach them to sit on the toilet and hold them for support.

At the beginning, this may be scary for them; you are able to hold them on the toilet to allow them to feel more comfortable.

In a school setting, we avoid the use of the toilet insert. This is for health policies and in the Casa Program, there is no use of toilet inserts.



# Incentives

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It is important to make the toilet training experience positive and fun for Toddlers!

It can be scary in the beginning, and then with time, the child will begin to feel more comfortable and confident when using the toilet.

A few interactive ways to make using the toilet a fun experience are: giving them stickers whenever they sit on the toilet, and use the toilet. You can make a toilet chart and put stickers on the chart every time they go.



# MY POTTY CHART



REWARD

I WOKE UP DRY!						
I ASKED TO GO POTTY						
I PEED ON THE POTTY						
I POOPED ON THE POTTY						
I FLUSHED THE TOILET						
I WASHED MY HANDS						



# My Potty Chart

NAME: \_\_\_\_\_

Use Stickers or Markers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Be Inclusive!

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Ensure to involve your child during the entire process. Show them the new underwear you bought. You can buy their favourite ones to keep them interested.

Show and explain to them the toilet charts, and stickers, this way they know and understand they get a sticker every time they sit or use the toilet.

Talk to them about it - “Mommy/Daddy uses the toilet, Johnny uses the toilet too!”



# Resources

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